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Name:

Reg.No:

SECOND SEMESTER M.S.W. DEGREE EXAMINATION, APRIL 2022

(CBCSS - PG)

(Regular/Supplementary/Improvement)

CC19P SOW2 C10 - THEORY AND PRACTICE OF COUNSELLING

(Social Work)

(2019 Admission onwards)

Time : 3 Hours

Maximum : 30 Weightage

Part-A

Answer any *four* questions. Each question carries 2 weightage.

1. Describe different types of counselling.
2. What does exploring stage mean in counselling?
3. How can one become an effective counsellor?
4. Strength based approach can improve social networks and enhance well-being. Substantiate.
5. What do you understand by life positions?
6. Explain pre and post counselling.
7. Trauma Counselling.

(4 × 2 = 8 Weightage)

Part-B

Answer any *four* questions. Each question carries 3 weightage.

8. Define counselling and describe its need and scope in modern world.
9. How is counselling different from social Case work and Guidance?
10. Define counselling and detail on the various skills for an effective counsellor.
11. Ethical principles of Counselling.
12. CBT can help with a variety of everyday problems. Discuss.
13. Discuss on the strategies of Solution focused brief Therapy.
14. What are the different self help groups available in de addiction rehabilitation?

(4 × 3 = 12 Weightage)

Part-C

Answer any *two* questions. Each question carries 5 weightage.

15. Explain various skills required for a counsellor during each stages of counselling skills.
 16. Explain in detail various approaches in counselling.
 17. Explain Client Centered Theory.
 18. Define occupational stress. Discuss various stress management techniques with suitable examples
- (2 × 5 = 10 Weightage)**
