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Name:

Reg.No:

SECOND SEMESTER M.Sc DEGREE EXAMINATION, APRIL 2024

(CBCSS - PG)

(Regular/Supplementary/Improvement)

CC19P SOW2 C10 - THEORY AND PRACTICE OF COUNSELLING

(Social Work)

(2019 Admission onwards)

Time : 3 Hours

Maximum : 30 Weightage

Part-A

Answer any *four* questions. Each question carries 2 weightage.

1. How is counselling similar to social case work?
2. How is paraphrasing, summarising and focusing skills different?
3. What is fidelity and autonomy?
4. What is Mindfulness Based Stress Reduction?
5. What are the strength based strategies?
6. Sex education.
7. Discuss on different types of stressors.

(4 × 2 = 8 Weightage)

Part-B

Answer any *four* questions. Each question carries 3 weightage.

8. Examine the need and scope of counselling in Kerala.
9. Summarise different types of counselling with suitable examples.
10. Discuss on the personal qualities of a counsellor.
11. Define counselling and detail on the various skills for an effective counsellor.
12. Basic approaches in counselling.
13. Discuss on the limitations of Behaviour Theory.
14. How is family counselling different from other counselling?

(4 × 3 = 12 Weightage)

Part-C

Answer any *two* questions. Each question carries 5 weightage.

15. Explain various stages of counselling process.
16. Explain Client Centered Theory.
17. Detail on the theory of TA. Examine its significance in interpersonal relationship.
18. Explain grief, stages of grief and grief counselling.

(2 × 5 = 10 Weightage)
