

D 122435**(Pages : 2)****Name.....****Reg. No.....****SECOND SEMESTER M.S.W. DEGREE REGULAR/SUPPLEMENTARY
EXAMINATION, APRIL 2025****(CBCSS)****Master of social work****SOW2C10—THEORY AND PRACTICE OF COUNSELLING****(2019 Admission onwards)****Time : Three Hours****Maximum : 30 Weightage****Part I***Answer any **four** questions.**Answer to each question should not exceed 100 words.**Each question carries 2 weightage.***Write short notes on :**

1. Psychotherapy.
2. Empathy.
3. Paraphrasing.
4. Responding stage of counselling.
5. Questioning.
6. Basic optimism.
7. Mindfulness.

(4 × 2 = 8 Weightage)**Part II***Answer any **four** questions.**Answer to each question should not exceed 300 words.**Each question carries 3 weightage.*

8. There is an emerging need for career counselling in Kerala. Comment.
9. Write a short essay on marriage counselling.
10. Awareness is the goal and tool of the therapy. Comment.
11. Elaborate the ethical principles of counselling.
12. Active listening is a demonstration of several skills of counselling. Comment.

Turn over

13. Discuss the scope of counselling with the elderly.
14. Discuss the importance of counselling in social case work.

(4 × 3 = 12 weightage)

Part III

*Answer any **two** questions.*

Answer to a question is limited to 800 words.

Each question carries 5 weightage.

15. Assessment is crucial in counselling Comment
16. Emma and James, a married couple, seek counselling to address communication challenges in their relationship. Investigate the dynamics of counselling stages as applied to couples,
17. How would you apply solution focused brief therapy for a client experiencing stress.
18. Discuss the scope of counselling in workplace.

(2 × 5 = 10 weightage)